



CEREBRAL PALSY AWARENESS - WHAT IS POSSIBLE?

BEACH PARAVOLLEY

WHAT IS BEACH PARAVOLLEY?

Beach ParaVolley (Standing) is almost identical to Olympic Beach Volleyball, except for the fact that it is played by a team of 3 players (rather than 2). Teams may consist of 3 men, or 3 women, and a mixed format is also being developed. It's a great team sport and one that adds the extra dimensions of sand, sunshine, wind and rain as part of the game.

WHO CAN TAKE PART?

Individuals with a physical impairment can participate in Beach ParaVolley. You just need to be able to move upright, serve, dig, set, spike and block.



CLASSIFICATION

According to the World ParaVolley Classification Code, classification is based on an assessment of the impairment – loss of limb/limb length, joint mobility, muscle strength, ataxia, athetosis, or spasticity.

Players are given A or B or C Class, with the latter being the most impaired. The Rules permit only one least impaired 'A' Class player to be in the team.

Players with CP who play Beach ParaVolley could be in A, B or C sport classes depending on their level of impairment.

WORLD PARAVOLLEY

World ParaVolley is recognised by the International Paralympic Committee (IPC) as the sole International Federation responsible for the governance, planning and management of all forms of volleyball for persons with a physical impairment. Beach ParaVolley is a new discipline that is developing through a World Championship Series – with the objective of seeking inclusion in the LA2028 Paralympic Games.

World ParaVolley aims to deliver a variety of the highest quality Volleyball programs and competitions for athletes with a physical impairment through the implementation of effective governance, development, training, education, research and event management activities.



www.cpisra.org/volleyball/
www.worldparavolley.org