CPISRA

FUNDRAISING IDEAS

Opportunity, Development and Participation
Welcome to Team CPISRA! We are thrilled you are interested in fundraising for CPISRA and we are looking forward to supporting you along the way. In this brochure you will find ways to fundraise, our top tips and details of where your money will go!

Donations are vital to CPISRA as they enable us to increase the opportunities that we can provide to individuals with cerebral palsy in terms of sport and recreation.

Any donation, big or small, allows us to continue to develop new opportunities to change and benefit lives throughout the World.
Fundraising Ideas - Events

**Auction Night**
Auction off original items taking a percentage of the sales, or auction off unique services or donated items.

**Coffee Morning**
Charge an entry fee, charge per cup, sell cakes, play games, hold a raffle. Anything to have fun and raise money!

**Quiz Night**
Encourage some healthy competition, charge entry for each team and have a donated prize for the winning team.

**Treasure Hunt**
Sniffing out the clues, teams compete against each other to discover the hidden treasure!
**Fundraising Ideas - Events**

<table>
<thead>
<tr>
<th><strong>BBQ OR GARDEN PARTY</strong></th>
<th><strong>HOLD A FAIR/FETE</strong></th>
<th><strong>TALENT SHOW</strong></th>
<th><strong>BOARD GAME NIGHT</strong></th>
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<td>Provide food and drinks or ask people to bring a plate, charge a fee for entry, add music, play games &amp; raise money!</td>
<td>Charge a small entry fee, hold a tombola, face painting, guess the weight of the sweetie jar...the options are endless!</td>
<td>Challenge family and friends to show off their greatest talent. Charge to compete or spectate and grab your popcorn!</td>
<td>Invite friends over and bring a game. Charge per play and have fun at the same time! Or how about a jigsaw marathon?</td>
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Fundraising Ideas - Sport

**ADRENALINE!**
Complete an adventure challenge like skydiving, bungee jumping or abseiling and ask for sponsorship.

**RUN**
Run a fun run, half marathon, marathon or even ultra marathon on behalf of CPISRA and ask for sponsorship.

**SWIMATHON OR CYCLATHON**
Challenge yourself and get sponsored per length, mile, minute or hour.

**MINI OLYMPICS**
Invite everyone you know to compete in traditional and silly sports, charge an entry fee and sell tickets to spectators.
Fundraising Ideas - Sport

HIKE CHALLENGE
Challenge yourself to complete a long distance hike like the UK 3 peaks - the highest mountain in Scotland, England and Wales in 24 hours!

5-A-SIDE FOOTBALL
Get your community together for a 5-a-side football competition. Have a small prize for the winning team and charge to play and watch.

ACTIVE COMMUTE
Run or cycle to work for a week (or a month!) and ask colleagues for donations.

DANCE MARATHON
Get a group of people together and get sponsored for every 5 minutes that you keep dancing!
FUNDRAISING IDEAS

THERE ARE SO MANY WAYS TO RAISE MONEY FOR CPISRA

GIVE IT UP
Challenge yourself to give up alcohol, chocolate or swearing, anything that will get sponsors!

SHAVE IT OFF
See how much you could raise by shaving your head, beard or chest!

COOKING CONTEST
Get the aprons out and challenge your friends to a Masterchef contest!

TAXI SERVICE
Offer to drive your friends, work colleagues or neighbours and charge a fee per mile.

DOG WALKING
Provide a local dog walking service and donate your fee to CPISRA.

CAR WASH
Spread the shine and charge for your services.

EBAY YOUR STUFF
Have a clear out and donate the money to CPISRA - win win!

BIRTHDAY DONATIONS
Ask for donations instead of presents for that Big Birthday!

CPISRA: OPPORTUNITY, DEVELOPMENT AND PARTICIPATION
DID YOU KNOW?
Over 17 million people have Cerebral Palsy Worldwide

IT IS THE MOST COMMON MOTOR DISABILITY OCCURRING IN CHILDHOOD
Where does your money go?

RAISING AWARENESS
Awareness of what is possible for individuals with Cerebral Palsy is still low in developed countries, and is even lower in developing countries. CPISRA are passionate about spreading awareness through creating material and running workshops and events.

DEVELOPING SPORTS
CPISRA has been instrumental in developing adaptive sports for people with Cerebral Palsy such as Boccia, CP Football and most recently RaceRunning. We are determined to keep developing sports to allow people with all levels of CP impairment to access and enjoy sport.

PROVIDING OPPORTUNITIES
CPISRA is an international organisation working with groups and associations all over the World. Our vision is that all people who have Cerebral Palsy or related neurological conditions have the opportunity to benefit from and participate in sport and recreation throughout the World.
BOOST YOUR FUNDRAISING

Share Share Share!
Shout about your fundraising on social media, in your local newspaper or radio station, and keep sharing!

Set a Target
Setting a target keeps you motivated and encourages others to keep donating to help you reach it. We recommend setting up an online page such as Just Giving and personalising your story to let people know why CPISRA is important to you.

Gift Aid
CPISRA is registered in the UK. If your sponsors are UK tax payers, CPISRA can claim 25% of their donation back from the government.
KEEP IT SAFE AND LEGAL

A FEW, VERY IMPORTANT, THINGS TO CONSIDER WHEN RAISING MONEY

Don't forget these important things to consider when fundraising. Please don’t hesitate to get in touch if you need some advice.

Insurance: For some events and activities you may need special insurances.

Food and Drink: Make sure any food and drink you offer complies with food safety and consumption regulations.

Raffles and lotteries: If you want to hold a raffle as part of an event you may or may not need a licence so seek advice from your local authority.

Data Protection: Make sure any records you keep about people involved in your event comply with the Data Protection requirements in your country.

Collections: If you are collecting in a publicly owned place or going house to house, you may need to seek permission from a government authority, or from the land owner if private land.
WE'RE HERE TO HELP!

WE LOVE TO BE PART OF YOUR JOURNEY
Please get in touch if you need any fundraising advice or support. We love to hear your story and can share your goals on our website and social media.

CONTACT US
Email: info@cpisra.org
Web: www.cpisra.org