

International Recreation Camp

Lake District, England: 23rd – 27th September 2019

Outdoor Activities



Challenge yourself and have the time of your life



An opportunity to engage in exciting outdoor physical activities that will increase your physical and mental abilities. Take on challenges you never thought possible!



A mix of individual, team and social activities. Enjoy breaking boundaries, increasing self-confidence and making new and great friends. Enjoy an experience in living, interacting and cooperating with others to meet exciting challenges.

Adventure begins where your comfort zone ends...

Join the Fun and Begin the Adventure

Orienteering

Rock & Rope Course

Canoeing

Horse Riding

Bushcraft

Archery

Assault Course

Age: 18 years and over

Disability: Cerebral Palsy or related condition

Impairment: Physical: Minor to Severe

**GAMES
NIGHT**

**FILM
NIGHT**

**DISCO
NIGHT**



- Join us for a 4 night, 3 day activity camp at the Calvert Trust Lakes District (www.calvertlakes.org)
- All activities, food and accommodation is included in cost
- All activities are fully accessible
- Accommodation in accessible twin en suite rooms

Personal care is not provided by the Calvert Trust or CPISRA. If required, a personal assistant must accompany you.

For more information or registration pack please contact:
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