International Recreation Camp
Lake District, England: 23rd – 27th September 2019

Outdoor Activities

Challenge yourself and have the time of your life

An opportunity to engage in exciting outdoor physical activities that will increase your physical and mental abilities. Take on challenges you never thought possible!

A mix of individual, team and social activities. Enjoy breaking boundaries, increasing self-confidence and making new and great friends. Enjoy an experience in living, interacting and cooperating with others to meet exciting challenges.

Adventure begins where your comfort zone ends...

Join the Fun and Begin the Adventure

- Orienteering
- Rock & Rope Course
- Canoeing
- Horse Riding
- Bushcraft
- Archery
- Assault Course
- GAMES NIGHT
- FILM NIGHT
- DISCO NIGHT

Age: 18 years and over
Disability: Cerebral Palsy or related condition
Impairment: Physical: Minor to Severe
Cost: £480 (inclusive of all activities, food and accommodation)

- Join us for a 4 night, 3 day activity camp at the Calvert Trust Lakes District (www.calvertlakes.org)
- All activities, food and accommodation is included in cost
- All activities are fully accessible
- Accommodation in accessible twin en suite rooms

Personal care is not provided by the Calvert Trust or CPISRA. If required, a personal assistant must accompany you.

Expressions of Interest due by 21st December 2018**

For more information or registration pack please contact:
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