



Queen Margaret University
CENTRE FOR HEALTH, ACTIVITY
AND REHABILITATION RESEARCH



Programme: RaceRunning Seminar
Saturday 27th May
Conference Suite, QMU

10.00-10.05am *Open seminar:* Professor Tom Mercer, Head of the Centre for Health, Activity and Rehabilitation research

Morning session: chaired by Nicola Tennant and Connie Hansen

10.05-10.15am Peter Drysdale: *CPISRA and RaceRunning*

10.15-10.35am Connie Hansen: *History of RaceRunning*

10.35- 10.50am Gavin Drysdale: *Athlete's perspective*

10.50-11.05am Janice Eaglesham: *Coaching Race runners*

11.05-11.20am Nicola Tennant: *Physiotherapist's perspective of RaceRunning*

11.20-11.35am Pierette Melville: *"A journey of a thousand miles begins with a single step"*

11.35-11.50am Sharon Forsyth: *Running bikes at Braidburn*

11.50-1.10pm Lunch (provided). Networking and student poster presentations



Queen Margaret University
CENTRE FOR HEALTH, ACTIVITY
AND REHABILITATION RESEARCH



Afternoon session chaired by Martine Verheul and Marietta van der Linden

- | | |
|-------------|---|
| 1.10-1.30pm | Connie Hansen: <i>Ergonomics of the Petra Bike</i> |
| 1.30-1.40pm | Martine Verheul: <i>Introducing RaceRunning research</i> |
| 1.40-2.00pm | Petra van Schie: <i>RaceRunning in the Netherlands and past, current and future research</i> |
| 2.00-2.20pm | Liz Bryant: <i>The introduction of Petra running-bikes (racerunners) to non-ambulant children with Cerebral Palsy, a pilot study</i> |
| 2.20-2.40pm | Marietta van der Linden: <i>The association between lower limb impairments and RaceRunning performance; towards an evidence based IPC classification system</i> |
| 2.40-3pm | Shaun Phillips: <i>Understanding the Physiological and Metabolic Responses to RaceRunning Training and Competition</i> |
| 3pm | Closure |